



God And

Parkinson's

A DIY Healing Perspective

For Diseases Involving The Brain, Nerves, & Muscles!

A God And Series Book

Edward G. Palmer

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God And Parkinson's: A DIY Healing Perspective For Diseases Involving The Brain, Nerves, & Muscles!

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Scripture References: All references to Scriptures in this book are taken from the New King James Version (NKJV) unless otherwise indicated by a three to nine -character translation code as shown on pages 8-9.

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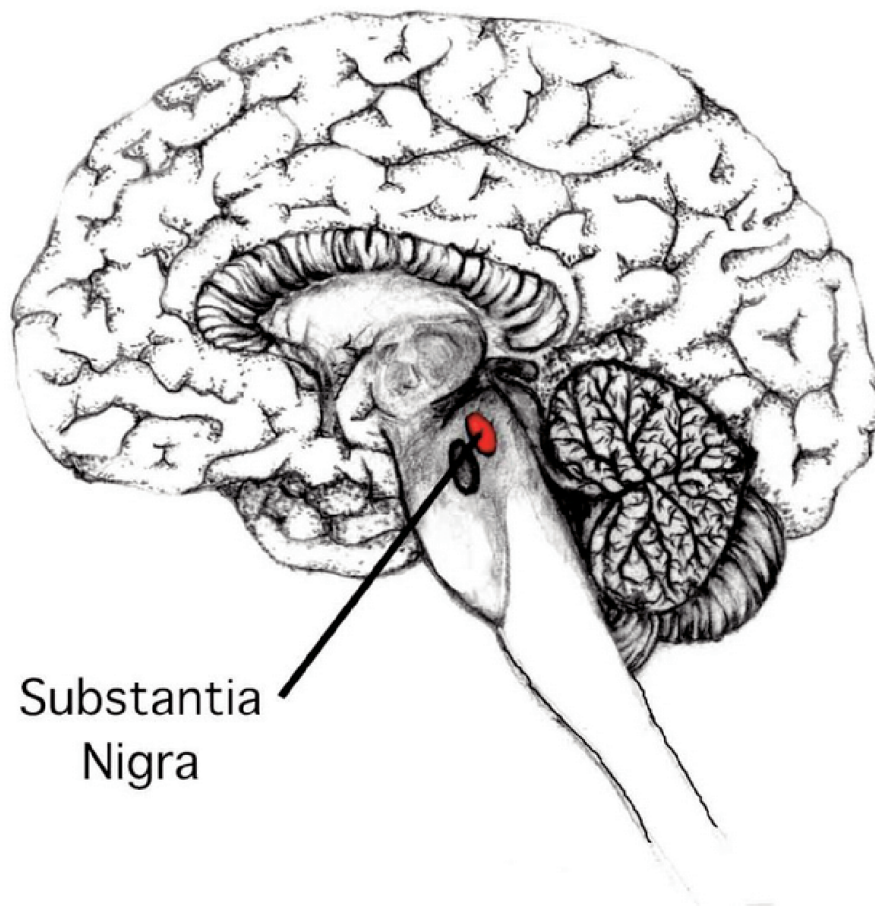
CHAPTER FOUR

Substantia Nigra & Dopamine

The Substantia Nigra¹

In the prior Chapter, "Parkinson's Disease Overview," the neurotransmitter dopamine was not discussed. Dopamine is the brain's neurotransmitter that sends nerve signals to control the body's movements. It is located in the substantia nigra, a brain structure that is part of your basal ganglia. While small, this structure is essential in how your brain controls your body's movements. It also plays a part in the chemical signaling in your brain, which affects learning, mood, judgment, decision-making, and other processes. Analysis of Parkinson's patients has disclosed deficient dopamine levels, as low as 15% of what would be considered normal for an adult.

"A pathological² feature of Parkinson's disease (PD) is the progressive loss of dopaminergic neurons and decreased dopamine (DA) content in the substantia nigra pars compacta in PD brains."³



Substantia
Nigra

You can observe from online images of the substantia nigra that it is located near the brain stem. It is also a tiny organ in the brain responsible for releasing the neurotransmitter dopamine.

So, for the most part, Parkinson's disease can be attributed to low dopamine levels from the substantia nigra organ in the brain. It's a given that other factors might be involved albeit low dopamine levels have been identified in Parkinson's patients.

Research⁴ shows that the way to increase dopamine levels is by using the amino acid L-tyrosine. Therefore, my primary defensive move against Parkinson's is to consume 2,000 mg of L-Tyrosine daily in split 1,000 mg nutraceuticals.

Letter To Reunion Friend

Fortunately, I made a new friend at my wife's 50th High School reunion in late September. I'll call him George and his wife Tammy to protect their privacy. George related to me that his wife has been suffering from MS (multiple sclerosis) and was diagnosed some 25 years ago. I told him that my mother died at the age of 46 from an advanced case of MS. I also informed him that I had found myself with Parkinson's and, in my search for solutions, had seen several nutrients that might also help his wife, Tammy. I told him I would email him, and he gave me his contact information.

Here is the letter I sent him revealing the top nutraceuticals I planned to use that I also thought would help his wife's MS condition.

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Dear George,

Our meeting at our wife's 50th H.S. reunion was a pleasant surprise. I shared my deep dive into studying nerves and my ambitious project of writing a book on Parkinson's. Despite the challenges, I am filled with hope and optimism that I will overcome this disease. I've attached a PDF of the introduction⁵ chapter of my book for you to gain a perspective on my journey.

My author's website is at <http://www.edwardgpalmer.com>. You'll find several books on healing and spiritual wisdom on this site.

I mentioned the solar technology I invented. That is at www.solarattic.com. I am no longer involved with this business, but created the website years ago. The flow reversal pool site is at www.flowreversalpools.com if you want to check out these technologies.

So, as I mentioned, I lost my mother when I was in my early 20s. She was only 46 when she died of multiple sclerosis. She had a very advanced case and could not even control the movement of her eyes and was wheelchair-bound for the last 5-10 years of her life. While doctors claim there is no cure for MS or Parkinson's, what they mean is that the "allopathic medical industry" has no cures.

The field of alternative healing is rapidly expanding, and a wealth of information is now available on addressing nerve and nervous system issues. For

instance, I came across an article that lists 25 ways to regenerate the myelin sheaths⁶ that cover our body's nerves. It is just a glimpse of the vast knowledge out there. <https://www.optimallivingdynamics.com/blog/25-proven-ways-to-promote-the-regeneration-of-myelin>

I'm curious if the doctor you saw at the Mayo Clinic has informed you about such information or if you've had similar experiences. Did he? Facing Parkinson's, I'm already experiencing several issues in my body movement, some of which I think Tammy experiences. I find my limbs stiff, and when getting out of the car or standing up, I must take extra time to ensure I can stand erect. If I turn around, I can quickly lose my balance. Trying to write cursive is now much more complex, and the height of my letters has been reduced by 75% as my hand struggles with characters. Swallowing pills is sometimes a challenge. There are other minor health issues, but the most annoying one is the tremors in my right arm and hand. From an allopathic medical perspective, it's good luck.

However, I now have over 50 years of alternative healing experience. I had just come off of the H₂O₂ (hydrogen peroxide) therapy to oxygenate my body. You'll find the protocol in Madison Cavanaugh's book, "The One Minute Cure." That is a small book that details this cure methodology. On page 62, MS and Parkinson's

are listed as diseases that can be cured using H₂O₂.

It took me 45 days to go through this protocol. You use 35% food-grade hydrogen peroxide. You put it into a glass dropper bottle and put drops of the liquid into 6-8 ounces of distilled water. The H₂O₂ can react with chlorine and other chemicals in tap water, which is why distilled water is used. You start on day 1 using three drops three times a day. The next day, it's 4, then 5, etc., until you reach 25 drops thrice daily. Then, you go backward until you get three drops three times daily, becoming a maintenance dose.

For fifteen years, I have had a digestion issue I've dealt with, and I have carried Betaine HCl (nutraceutical) with me during that time. I took minimal nutrients during these 45 days to see what the H₂O₂ would do. It got rid of my digestion issue.

Before this, I had worn an X39 stem cell patch from Lifewave on my neck for a year. It fixed some problems I had for 18 years, including an inability to close my left hand and form a fist. I had suffered several low back accidents, and to my surprise, my low back issues disappeared.

At age 76, I faced a stroke that caused double vision. It was a challenging journey, but I was determined to heal, and it took six months. Now, at age 78, pushing 79, I am equally determined to overcome Parkinson's using

alternative healing methodologies and nutraceuticals. My determination is unwavering, and I believe it can inspire others facing similar health challenges.

The body wants to heal (itself). Suppose we give it the nutrients and movement it needs. God has built that ability into our bodies. So, even though Tammy has now lived with MS for 25 years, I believe it is possible to improve or even heal her body.

Here are some things that I would do if I had MS. (DISCLAIMER: I AM NOT OFFERING MEDICAL ADVICE. BY LAW, ONLY MEDICAL DOCTORS CAN DO THAT! I am simply sharing my knowledge and what I believe would work for me. Always consult a medical professional before changing your health regimen.) Here are seven things I would do if I had MS or any other neurodegenerative disease.

#1 I would oxygenate my body using Madison Cavanaugh's H₂O₂ protocol, as explained in "The One Minute Cure" book.

#2 I would increase my Vitamin C intake, which also oxygenates the body. Initially, I would aim for 12 grams/day divided into equal doses of 4 grams.

#3 I would take 1,000 mg of L-Tyrosine twice a day. This amino acid supports the substantia nigra part of the brain, near the brain stem, that releases the

neurotransmitter dopamine used for motion and motor functions in the body. It is the primary nutrient to increase dopamine.

#4 I would take Alpha Lipoic Acid in 600 mg 2-3x daily. ALC is the primary nutrient that supports nerves in the body.

#5 I would take Thiamine (Vitamin B1) as Benfotamine. 200-400 mg twice a day. B1 is the primary vitamin that supports nerves.

#6 I would also take Vitamins B6, B9, and B12. They also support nerve functions in the body.

#7 I would also take Vitamin D3 and K2. I would shoot for 10,000 to 20,000 I.U.s of Vitamin D3. K2 supports D3.

You can find nerve support nutraceutical formulations at sites like drberg.com. They would help minimize the pills to swallow. A daily multivitamin would also help the body to heal, and liquid multivitamins are readily available.

As I mentioned in our conversation, many nerve videos are on YouTube. You'll find lists of vitamins, herbs, foods, drinks, etc, all designed to improve the body's nerve functions.

I hope this information is helpful to you. Your family is in my prayers, and I believe MS is not as incurable as

MDs believe. Like Parkinson's, I think our bodies do not get the nutrient support that it needs. That is especially true regarding oxygen, now estimated at 23-30% of what it used to be only a short time ago. Add a corrupt food supply and Big Pharma's drugs, and it is easy to understand why our bodies are in trouble and disease is increasing. The Parkinson's book is expected to be released in 2025, assuming I have made some progress to write about.

Feel free to contact me if you have any questions.

Best Regards,

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So, this is my initial research involving the top nutraceuticals I will need to take if I hope to find a cure for my Parkinson's. I will also add 10 drops of H₂O₂ daily in six ounces of distilled water to further oxygenate my body.

About The Author

Edward G. Palmer has studied alternative health and healing issues for over 50 years. He considers himself a "DIY Healing Self-Care" expert and is sought after for his alternative healing and nutraceutical strategies.

He took his first comprehensive multivitamin at the age of 25 in 1971. Already in excellent health and with plenty of energy, Ed was surprised at how this multivitamin enhanced his health and vitality in a way he could not deny. That early life experience began a lifelong effort to use vitamins and other nutraceuticals, such as herbs, to enhance his health.

Ed quickly concluded that he could not bet his health on being able to eat well. Instead, Ed decided he would eat the healthiest he could but would bet his overall health and longevity on nutraceuticals.

As a child, Ed's parents taught him by their own example to care for himself and not rely on doctors for his health and healing. The biggest lesson learned early in life was that we are all personally responsible for our own health.

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